



Enabling Visions and Growing Expectations

EVIDENCE BASED

# Free Parent Program

Co-Developed with Families for Families

ENVISAGE is a peer program designed for parents & caregivers raising children aged 0-8 with a disability, developmental concerns, or who are neurodivergent.

The program is designed to help you:

- Feel more **confident and competent** in making decisions for your family
- Discover **practical, evidence-based strategies** to help you better understand and advocate for your child's needs.
- **Connect with others** who may have similar experiences to your own, exchanging insights and perspectives.





## How does the program work?


All workshops are **live and interactive**, mixing information sharing with group discussions and activities.

 5 x Weekly Workshop Sessions  
*\*Intensive formats also offered*

 Up to 90 minutes per workshop

 Face-to-face or online programs available

 Facilitated by a qualified health professional and a parent peer

 **FREE** No cost to you. Your child does not need a NDIS plan or diagnosis to participate.

## Programs now open!

Check out the variety of programs available to suit any schedule.



 DAY OR NIGHT

 IN PERSON OR ONLINE




REGISTER TODAY AT [ENVISAGE.COMMUNITY/WORKSHOP](https://envisage.community/workshop)

## How to Register

Scan the QR Code to register for a program or to find out more.



 (07) 3861 6079

 [envisage@acu.edu.au](mailto:envisage@acu.edu.au)

 <https://envisage.community>