



Are you concerned about your child's development, or are you raising a child with a disability?

In the **ENVISAGE Families Program** you will connect with other caregivers where you can **share** your experiences, **learn effective strategies** and access **practical tools** for supporting your child and family. Each program is facilitated by a trained health professional and **parent peer with lived experience**. Each workshop covers:

Workshop 1



Health and wellbeing in early child and family development

Workshop 2



Child and Family development

Workshop 3



Parenting is a 'dance' led by the children

Workshop 4



Looking after myself

Workshop 5



Communication, Collaborating, Connecting

A peer support program for caregivers designed by caregivers.

Envisage is a **fully funded program** for parents and caregivers raising children aged 0-8 years with developmental concerns or disability. Your child does not need a diagnosis or NDIS plan. Enrol today using the QR code.



ENVISAGE Families Australia is funded by the Australian Government Department of Social Services. Go to dss.gov.au for more information. Envisage has been developed by Australian Catholic University, McMaster's University, Murdoch Children's Research Institute and University of Melbourne.

