



EVIDENCE BASED

Free Parent Support Program

Designed with Families, for Families

ENVISAGE is a program for those raising children aged 0-8 with developmental concerns, disability or who are neurodivergent.

We offer two program types:

- ENVISAGE Families
- ENVISAGE First Peoples

Your child does not need a diagnosis or NDIS plan for you to be able to participate.



FREE Program for Parents



Contact Us:

- 07 3861 6079
- envisage@acu.edu.au
- <https://envisage.community>
- Envisage.Australia
- @envisage.community



Scan the QR code to visit the ENVISAGE website.

ENVISAGE is an initiative funded by the Australian Government.

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ENVISAGE is a joint collaboration between:



Are you raising a child with developmental concerns or disability?

How The Program Works

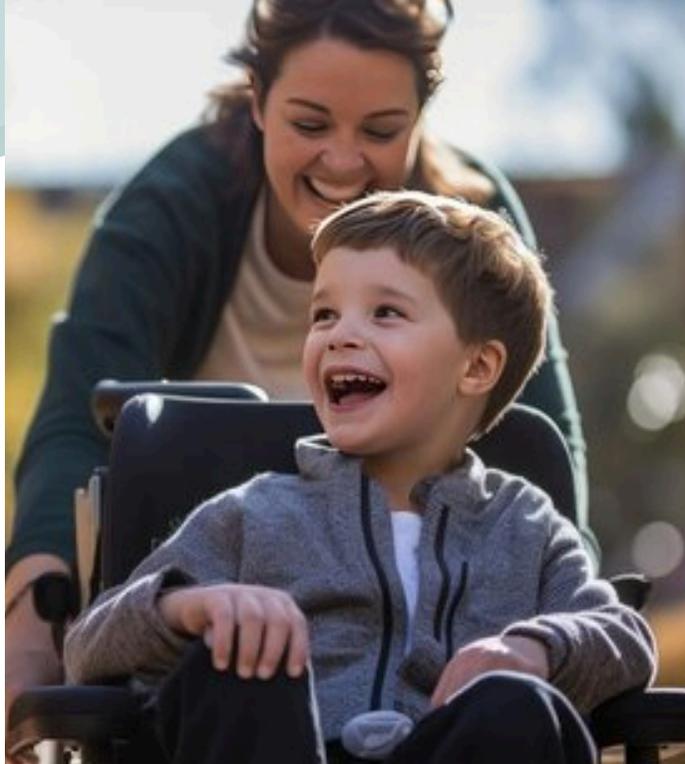
The ENVISAGE program usually runs across 5 weekly sessions. Each workshop explores a different topic or theme.

Programs are run either **online or in-person** and are designed to help you:

- ✓ **Better understand** your child
- ✓ Discover **practical strategies** you can use in everyday life
- ✓ Feel **more confident** in decisions for your family
- ✓ **Connect** with others who truly get it



Scan the QR Code to learn more about the program



Program Content

The workshops cover the following topics:

- 1  Health and wellbeing in early child and family development
- 2  Child and family development
- 3  Parenting is a dance led by the children
- 4  Looking after myself
- 5  Communicating, collaborating and connecting

Parent Feedback

I learned **practical approaches to help set goals for my child's development**. It's really helped take the pressure off.

Hearing the stories of other parents made the world of difference. **It was the first time I felt heard as a parent.**

How To Sign-Up

Scan the QR code to find a program, or contact us to find out more:



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